



**SEXY BEAT**  
DJ HATIRAS WILL HAVE  
YOU UP ON YOUR FEET  
THIS SATURDAY {page 8}

**THIS IS LONDON**  
THE MAYOR HAS BIG  
DREAMS FOR 'CITY OF  
OPPORTUNITY' {pages 2-3}



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LONDON

**metro**®

Thursday, January 12, 2012  
www.metronews.ca



News worth  
sharing.

# Biker turf war not behind recent violence: Police

- RCMP involved in shooting, arson probes
- Chief Duncan says incidents are being given 'investigate' priority



**ANGELA MULLINS**  
@METRONEWS.CA

Street gangs — not biker rivalries — are believed to be the cause of Wednesday's shooting and weekend arsons, London police Chief Brad Duncan said.

"We know that there are a number of established street gangs in the city of London," Duncan said at a news conference. "These street gangs are individual entities and are separate from the more traditionally known motorcycle gangs such as the Hells Angels or the Outlaws motorcycle clubs."

A man shot on Wednesday on Grey Street is a member of the Hells Angels, police said. The victim, reported to be in serious condition, has had "ongoing issues" with gangs, Duncan said. Police called the woman injured in the shooting an "associate" of the male victim. She was treated and released from hospital.

Police said two vehicles were involved, with one leaving the scene and taking the victims to the London Health Sciences Centre emergency room.

Officers, who were in the neighbourhood before the shooting happened, followed the other vehicle to Veteran's Memorial Parkway and Admiral Drive,

## The rundown

- **Saturday, 3:36 a.m.:** Arson is reported at 328 Hamilton Rd., La Tinta Latina tattoo parlour. The owner has ties to the Outlaws motorcycle club.
- **Sunday, 4:43 to 5:15 a.m.:** Three adult-entertainment businesses, one with confirmed ties to the Hells Angels, are set on fire.
- **Wednesday, 12:03 a.m.:** A man with ties to the Hells Angels and a woman are shot outside a Grey Street home believed to be the club's London headquarters. The house is west of Adelaide Street near William Street.

where it was abandoned.

Three occupants were arrested a short time later with help from the OPP and RCMP.

Investigators are still looking for the fourth man and the firearm used in the shooting, Duncan said. The suspect is described as clean-shaven and bald with tan or black skin. He has a large build and weighs about 250 pounds.

"We will not tolerate this open display of violence and we will work diligently to prevent further acts of violence," Duncan said. "The message should be very clear to the individuals or groups involved: you are priority No. 1."



► London police cordon off parts of Grey Street on Wednesday after two people were shot outside a house that is believed to be a Hells Angels clubhouse.

# 1

## news



A dispute over buggy safety has made scofflaws of Kentucky's Amish, and some could face jail time. Scan the code for the story

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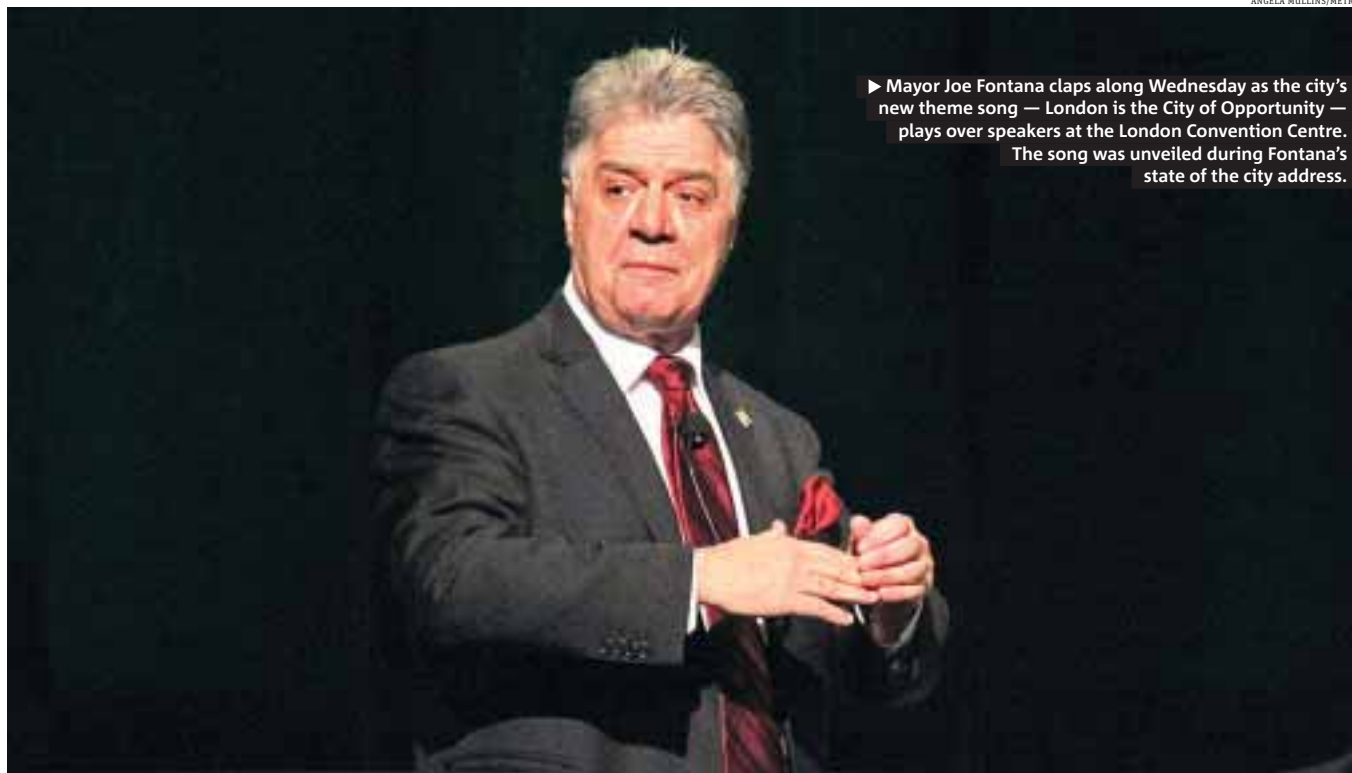
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**Denver Nuggets mascot summons some Tim Tebow mystique for a half-court shot. Watch at [metronews.ca/video](http://metronews.ca/video)**



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► Mayor Joe Fontana claps along Wednesday as the city's new theme song — London is the City of Opportunity — plays over speakers at the London Convention Centre. The song was unveiled during Fontana's state of the city address.

# Fontana looks back, ahead for 'city of opportunity'

- About 1,200 people pack London Convention Centre for mayor's address
- Event billed by organizers as the largest of its kind in Canada



ANGELA MULLINS  
@METRONEWS.CA

Always an optimist, Mayor Joe Fontana beat the drum for two main themes throughout his state of the city address.

One: City officials, the business community and Londoners as a whole must "reach for the stars" and maintain belief that great things can be accomplished. And two: London is a city filled with more opportunities than challenges.

With Journey's Don't Stop Believing pumping through speakers, Fontana took centre stage at the convention centre Wednesday morning, talking for more than an hour about everything from economic development to creating an all-inclusive city.

The last year, Fontana said, has been one of transition that saw restructuring at city hall, development of a "bold" strategic plan for

the city and a blueprint developed.

"A year to rethink, a year to prioritize, a year to set new direction. And, yes, I believe we've done all of that," he told the audience.

This year, Fontana promised, will be a year of transition where officials hone in on a variety of key projects, including development of the Highway 401/402 corridor and breathing new life into the old Victoria Hospital property south of Horton Street.

"London has set goals. It has declared itself to be a city of opportunity."

Here are some highlights from his address:

**Downtown:** The future has been mapped out with plans for a new civic centre, eateries along the Thames River and a reinvented Dundas Street aimed at attracting people, Fontana said. He promised that more residential development is bound for the core — enough to double the number of people liv-

**"We're not afraid to dream anymore."**

MAYOR JOE FONTANA

ing there within five years. He also dropped a hint that a grocery store is in the planning stages.

"Stay tuned," he said.

**Economy:** Making a thinly veiled reference to locked-out Electro-Motive Diesel workers, Fontana called London "the economic locomotive for southwest Ontario." The mayor highlighted companies that have announced plans to open plants, including Samsung. City leaders have laid the foundation for solid economic opportunities. Now, Fontana said, officials must continue developing a plan that will allow the economy to "flourish."

"We need more jobs, and we need more good jobs at places like (Electro-Motive Diesel) and Diamond Aircraft."

**Growth:** The technology sector is growing, the education and health-care sectors are "stronger than ever," and the manufacturing and residential sectors "are and will come back," the mayor said. More than \$1 billion in building permits were issued last year, an all-time record. The city saw more than \$311 million in new investments and helped create more than 750 new jobs this year.

**Green agenda:** Fontana gave kudos to the city's Million Tree Challenge and touched on plans to turn landfill gas into a revenue-maker. The city has been contacted by several companies interested in joint ventures for manufacturing green technology, he said.

**Diversity:** Framing his comments around his council to end women abuse, Fontana pledged to make London a city that's "safe for everyone, everywhere, at all times."

## A catchy tune for Forest City

What better than a catchy jingle to make London stick in people's minds?

That was the idea behind London is the City of Opportunity — the city's new theme song.

London musician Jim Chapman said the idea was born this summer when he was chatting with his pal Mayor Joe Fontana about the city's momentum. A few conversations later, Chapman had the song written and his band — the Incontinentals — had hit the studio for a recording.

Chapman hopes the city may be able to use the song at public events, or include it in packages meant to woo investors.

To hear the song and read the lyrics, visit [metronews.ca](http://metronews.ca).



# THE SKINNY ON GYM ATTIRE



LONDON  
STYLE

SARAH FRANCIS  
METRO LONDON

We've all been there, seen that: The dude checking himself out in the mirror at the gym, decked out in illegally tight pants and a man-boob enhancing tank. You look the other way as he squats, but his emphatic grunts make you do a double-take.

Has he injured himself? Have his pants finally strangled his groin? Your imagination having been made completely redundant, you're left with only one question: "Why?"

Don't get me wrong — girls commit all kinds of workout style sins, too. Exposed thongs and errant cleavage might be a single guy's (OK, fine, any guy's) dream come true, but when does loving your body cross the line into downright offensive?

Are there certain fashion rules by which New Year's-resolution-bound gym-goers must abide?

I made a trip to the King & Wellington GoodLife Fitness to find out what pumped-up Londoners think about it: From less is more to more is less, opinions abound when it comes to gym attire.

"I definitely don't like

sweaters and I don't like jeans," moans Malcolm McNeill, "and I especially don't like both of them together at the gym."

Personal trainer Jana Smalley concurs: "I've seen people wearing dress pants and jeans while working out on the machines, and that doesn't work very well. You want to wear something loose-fitting, something that breathes and moves with you. You don't want to worry about your clothes getting in the way of your workouts."

COURTESY OF THE GAP



► Recovering after witnessing a fitness fashion faux pas, perhaps?

Though people can overdress for the gym, McNeill thinks some gym-goers err on the side of too skimpy: "Girls should cover up their mid-section and maybe wear a full shirt. Save (the bare midriff) for the beach."

David Patton, a weight-room regular, agrees. "Long pants or longer shorts are good (for) people using the bench after you," Patton trails off with a grin, "as long as the shorts aren't too short."

Other gym style offenders: Uni-boobs, guys in tank tops (unless you're Ryan Gosling), ripped/see-through pants, suits, printed pants (please, Hammer, don't hurt 'em), and sweat stains. Ugh.

*Sarah Francis is the style maven behind realife-runway.com. She also reports on the latest trends for White Oaks Mall, iVillage.ca and CityLine.*

## Police: Suspect robbed series of banks

MARK SPOWART/FOR METRO

London police have arrested a man believed to be responsible for a series of Wednesday bank robberies that ended with a car crash at Waterloo and Oxford streets.

Details about the suspect have not been released.

The robberies — most within minutes of each other — were reported between 10:59 a.m. and 1:14 p.m. The suspect started at a Bank of Montreal, then hit a TD

Canada Trust and two Scotia-bank branches, police said.

The suspect was spotted leaving the second and fourth robberies in a grey 1999 Jeep Cherokee, police said.

Police located the vehicle as it was leaving the last bank and briefly gave chase, ending the pursuit before the suspect crashed.

The man ran from his wrecked vehicle and was taken into custody a short time



► Police inspect a vehicle believed to be involved in a robbery spree.

late, police said. Later, AM980/am980.ca reported police were investigating a

fifth bank robbery, this one at the Scotiabank on Dundas near Clarke Road. ●METRO

## SoHo targeted for new development

**\$200M**

The value of the proposed SoHo Wellington Centre.

- Leaders say mixed-use medical centre would create more than 2,000 jobs
- Facility to house everything from plastic surgeons to research facilities



ANGELA MULLINS  
@METRONEWS.CA

A London development company has a grand vision for one corner of the SoHo neighborhood.

FinCore Canada has presented city officials with plans that would see a medical facility, condominium towers, retail shops and restaurants built at the southeast corner of Wellington and South streets.

Mayor Joe Fontana announced the complex during Wednesday's state of the city address, part of his proof that London is



► This artist's rendering shows a proposed development for the southeast corner of Wellington Road and South Street.

"on the move."

Loredana Onesan, chief executive officer of FinCore, said the focal point of the Thames River development will be a more-than-120,000-square-foot anti-aging and rejuvenation facility that combines traditional and alternative medicines.

### Medical centre

- 120,000 sq. ft. of the about 1.4 million-sq.-ft. development would be used for a medical centre.

## Snow is on the way

The London area could be in for a blast of wintry weather.

Environment Canada has issued a special weather statement for London-Middlesex saying our area could receive a generous snowfall Thursday night. Southern Ontario could see anywhere from five to 10 centimetres.

The weather statement was issued for Ontario, Quebec and Atlantic Canada as well.

Forecasters say it's all down to a disturbance over Tennessee that will slowly intensify as it heads for the lower Great Lakes Thursday, then stall over the region on Friday.

AM980/AM980.A

## A farm-fresh Thurs., courtesy of Garlic's

CONTRIBUTED



Garlic's of London presents the Farmers Feed Cities event. Fresh from the

Field on Thursday night. Featuring chefs Joshua Fevens and Chad Stewart, the event focuses on seasonal foods from local farmers.

Fresh from the Field runs from 5:30 p.m. to 9 p.m. Tickets are \$35 per person. Call Garlic's of London at 519-432-4092. ●METRO

### News in brief

#### Cops: Be aware

**MINOR INJURIES.** Police are reminding people to be aware after two car-pedestrian accidents this week. A mother and child were struck crossing with the help of a school crossing guard on Tuesday afternoon. And on Monday, a car struck a

nine-year-old boy as he darted across the street.

METRO

#### \$1 Monster Jam

**LIMIT OF SIX TICKETS PER PERSON.** Feld Motor Sports announced it will offer 100 \$1 tickets per show for all three Monster Jam events this weekend at the John Labatt Centre. The \$1 tickets go on sale at noon Friday only at the JLC box office, while supplies last. ●METRO

# Motorbike assassins strike

► As they speed by, they attach a magnetic bomb to top Iranian nuclear scientist's car ► He and his driver are killed, a pedestrian wounded ► Defiant Iran warns: 'We will continue our (nuclear) path'

FARS NEWS AGENCY/THE ASSOCIATED PRESS

It seemed a clockwork killing.

Motorcycle riders flashed by and attached a magnetic bomb onto a car carrying a top nuclear scientist working at Iran's main uranium-enrichment facility.

By the time the blast tore apart the silver Peugeot, the motorcycle was blocks away, weaving through Tehran traffic.

Behind it, the nuclear scientist lay dead and his driver dying. A pedestrian was wounded.

It was the latest strike in what Iran calls an escalating covert war — at least the fourth targeted hit against a member of Iran's nuclear brain trust in two years.

Wednesday's blast killed Mostafa Ahmadi Roshan, 32, a chemistry expert and a director of the Natanz uranium-enrichment facility, the centrepiece of Iran's expanding program to make nuclear fuel.

"A heinous act," said Iran's Atomic Energy Organization.

But it warned defiantly: "We will continue our (nuclear) path without any doubt ... Our path is irreversible."

THE ASSOCIATED PRESS



► Magnetic-bomb aftermath: A car is removed by mobile crane in Tehran on Wednesday in this photo provided by Iran's semi-official Fars News Agency.

## U.S. denies it



► The United States insisted it had nothing to do with Wednesday's killing.

- "I want to categorically deny any United States involvement in any kind of act of violence inside Iran," said Secretary of State Hillary Rodham Clinton, left.
- "We believe there has to be an understanding between Iran, its neighbours and the international community that finds a way forward for it to end its provocative behaviour."

## Israel hints at 'bad things'

Whodunnit? Iran pointed the finger at Israel for the bomb assassination.

Israeli officials, however, hinted at covert campaigns without directly admitting involvement.

"Many bad things have been happening to Iran in the recent period," said Mickey Segal, a former director of the Israeli military's Iranian intelligence

**"I don't know who settled the score with the Iranian scientist but I certainly am not shedding a tear."**

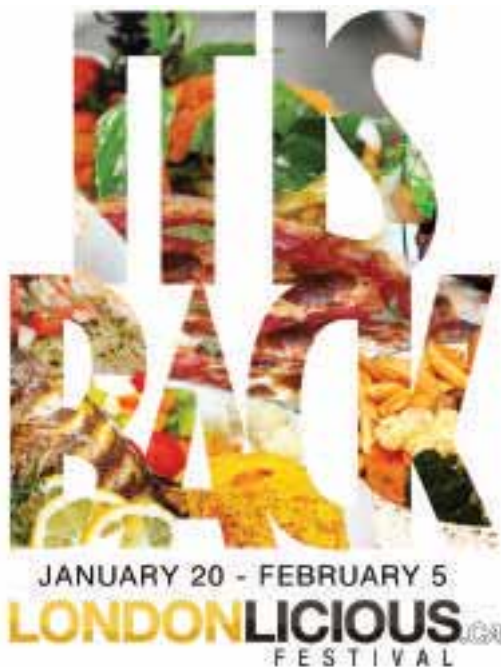
ISRAEL'S CHIEF MILITARY SPOKESPERSON BRIG. GEN. YOAV MORDECHAI

department. "Iran is in a situation where pressure on it is mounting, and the latest assassination joins the pressure."

Israeli military chief Lt. Gen. Benny Gantz was

quoted as telling a parliamentary panel that 2012 would be a "critical year" for Iran — in part because of "things that happen to it unnaturally."

THE ASSOCIATED PRESS



## Suspect in lost-teen saga admits killing a woman

Joran van der Sloot pleaded guilty in Lima on Wednesday to the 2010 murder of a young Peruvian woman.

She was killed five years to the day after the unsolved disappearance in Aruba of an American teen in which he remains the main suspect.

Prosecutors are asking for a 30-year prison sentence.

The 24-year-old Dutch citizen bowed his head when his lawyer argued that he killed Stephany Flores, 21, as a result of "extreme psychological trauma" he suffered from



KAREL NAVARRO/THE ASSOCIATED PRESS

► Protesters hold an enlarged photo of Joran van der Sloot's police mug shot in Lima, Peru, on Wednesday.

being "persecuted" over the disappearance of Natalee Holloway on the Caribbean island of Aruba,

"something he says he never did and for which no evidence at all exists."

THE ASSOCIATED PRESS

## Gays spy a friend in MI5

Britain's spy agency MI5 has been named as one of the country's most gay-friendly employers.

MI5 was ranked 62 out of 100 for being one of the best employers for lesbian, gay and bisexual staff.

Ernst and Young topped the list, which is based on a confidential survey of more than 7,500 lesbian, gay and bisexual employees.

Gays weren't always welcomed in MI5. It was believed their sexual preferences would leave them vulnerable to blackmail.

THE ASSOCIATED PRESS



## GATEWAY PIPELINE

## Supporter appears before hearing

Environmental hearings into the proposed Northern Gateway pipeline heard from the first supporter Wednesday, but Peter King says he almost stayed home.

King, a steam fitter who has lived in Kitimat, located about 1,500 kilometres northwest of Vancouver, for 53 years, said he realized he was a "lone voice" after passionate denunciations of the development voiced Tuesday by area aboriginal leaders.

The chiefs say the project points a double-barrelled environmental threat at their homes and lifestyles.

The opposition "gave me pause that perhaps I

should stay home, but I committed to this, so I proceeded with it," said King.

His presentation to the National Energy Board panel, which is conducting environmental review hearings across B.C. and Alberta for at least the next 18 months and perhaps more, did not generate any public reaction even though most people in the audience do not support the project.

Enbridge Inc., plans to build a twin pipeline from Alberta to northwest B.C. where it will send oil to a port at Kitimat, where huge tanker ships will transport it to Asian markets.

The municipality of Kitimat is about 10 kilometres north of the Haisla village of Kitimaat.

Enbridge says the \$5.5 billion pipeline project has the potential to generate \$270 billion to the Canadian economy.

THE CANADIAN PRESS

## Harper to travel to China next month

Stephen Harper will pay a return visit to China in February.

The prime minister announced his travel plans Wednesday before a meeting office with Zhang Jun-sai, China's ambassador to Canada. He will travel to China in the second week of February.

"Canada and China enjoy a strategic partnership based on mutual respect and collaboration and rooted in strong social and cultural links, shared by over one million Canadians of Chinese descent," Harper said in a statement.

Energy is expected to

### Investment

► After arriving in Beijing in 2009, Harper was chided by his hosts for taking too long to visit China after coming to power in 2006.

► China has since invested billions of dollars into energy projects in Alberta's oil sands, while the Tories have worked hard to repair relations and boost trade with the Asian economic power.

dominate discussion between Harper and China's communist leaders

THE CANADIAN PRESS

## List of wanted immigrants released

The federal government is continuing its controversial practice of publicizing the names and faces of most-wanted dangerous immigrants in the hope Canadians will help track them down.

The government added another 30 names to its Canada Border Services Agency watch-list Wednesday in the hope of expelling these people from the country.

The new list was the third released by the government since last July; those being pursued this time are alleged to have ties to organized crime abroad. THE CANADIAN PRESS

### Helping. Haiti



► A youth walks around the earthquake-damaged cathedral in Port-au-Prince this week.

DIÉU NALIO CHERY/THE ASSOCIATED PRESS

## Canada to assist in relocation

Beverley Oda, Canada's minister of international co-operation, says her government will help Haiti move people who have been camped outside the National Palace since the 2010 earthquake. Oda said Canada was proud to be able to help clear the Champ de Mars plaza and move people to homes north of the capital.

# Genocide accused stays despite deportation order

PAUL CHIASSON/THE CANADIAN PRESS



► Leon Mugesera is accused of inciting the Rwandan genocide.

### ► UN to investigate claims that he will be tortured in Rwanda

After nearly two decades in Canada, a man accused of helping to incite the Rwandan genocide may have been granted one more reprieve that would delay deportation back to his homeland.

Leon Mugesera had been ordered to be deported early Wednesday when a Federal Court ruled against his last-ditch effort to stay in Canada, his home for the last 19 years.

But a pair of other developments, later in the day, complicated matters.

Mugesera's lawyer announced the United Nations Committee Against Torture has ordered Canada to keep him here while it investigates his claims he'd be tortured in Rwanda.

**"Our fair legal system has determined that he is here illegally, he's guilty of serious war crimes and that he has to face justice in his country of origin."**

JASON KENNEY  
IMMIGRATION MINISTER

Meanwhile, Mugesera was brought to hospital to be treated for an unspecified health issue. Television images showed him being carried out of his Quebec City home, laid out on a stretcher. His lawyer, Johanne Doyon, said the man fell ill amid news about his case. THE CANADIAN PRESS

LARS HAGBERG/THE CANADIAN PRESS



► Tooba Yahya

## Shafia mom suggests son witnessed deaths

A woman accused of killing her three daughters and her husband's other wife over family honour indicated Wednesday she believes her eldest son witnessed the four plunging to their certain deaths, but didn't call police.

For this, Tooba Yahya said, she is "upset" with her son.

Yahya, 42, her husband Mohammad Shafia, 58, and their son Hamed, 21, are on trial in Kingston, Ont., charged with murder in the deaths of Hamed's

three sisters and Shafia's first wife in a polygamous marriage. The Crown alleges the June 30, 2009, deaths were so-called honour killings, and that the family staged it to look like an accident.

THE CANADIAN PRESS

# Prairie cities lead the economic pack: Board

► Saskatoon, Calgary, Edmonton top 2012 economic forecast ► London-area growth projected at 2.5%

Cities in Western Canada will lead in growth and prosperity over the next couple of years, according to an outlook released Wednesday by the Conference Board of Canada.

Western cities are benefiting from resource riches and attracting migrants, boding well for housing and consumer spending. Edmonton created almost 40,000 new jobs last year alone, the think-tank says.

"In spite of global economic turmoil, high prices for agricultural products, minerals and oil are likely to continue," said Mario Lefebvre, director of municipal studies for the board. "Canada's Prairie cities will reap the benefits of this global demand for com-





modities."

Central Canadian cities won't do nearly as well with manufacturing continuing to struggle amid the global slowdown, and government cutbacks weighing on growth domestically.

The board says the government's austerity measures for the civil service will result in a loss of 9,000 jobs over two years, restraining Ottawa-Gatineau's growth to 1.8 per cent in 2012.

The top 10 cities for 2012 are Saskatoon at four per cent; Calgary at 3.6 per cent; Edmonton at 3.4 per cent; Regina at 2.9 per cent; Oshawa at 2.7 per cent; Toronto, Trois-Rivieres, Vancouver at 2.6 per cent; and Kitchener-Cambridge-Waterloo, Windsor at 2.5

## Market moment

TSX	Dollar
	
- 9.71 (12,260.94)	- 0.22¢ (98.11¢ US)
Oil	Natural gas
	
- 1.37¢ US (\$100.87 US)	\$2.77 US (- 17¢ US)
	Gold
	\$1,639.60 US (+ \$8.10 US)

per cent. At the bottom is St. John's as Newfoundland and Labrador's waning offshore oil production ripples through the economy.

THE CANADIAN PRESS

## Delight. Every Bite

► Hostess Twinkies are shown in a studio photograph on Tuesday in New York.



MARK LENIHAN/THE ASSOCIATED PRESS

## Hostess chips away at costs

Hostess Brands Inc. is filing for chapter-11 bankruptcy protection and said Wednesday it will be able to maintain routine operations thanks to a \$75-million US financing commitment from a group of lenders.

## Bankruptcy rate masked by low interest: Experts

The Canadian bankruptcy rate fell in October as the unemployment rate dropped to its lowest level in years, but experts worry a surge in insolvencies could be on the horizon as the jobs picture worsens and debt loads grow.

The Office of the Superintendent of Bankruptcy said Wednesday that the number of insolvencies, including bankruptcies and proposals to creditors, fell in October 2011 to 10,304 compared with 11,813 in October 2010. But experts say low interest rates could be masking the number of people on the verge of financial collapse.

THE CANADIAN PRESS

**7.5% Consumer bankruptcies are linked to the unemployment rate, which hit a multi-year low of 7.1 per cent in October but has since risen to 7.5 per cent.**

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## Do skyscrapers portend recession?

A skyscraper building boom in China and India may be a sign of an impending economic correction, according to Barclays Capital.

Barclays has mapped an "unhealthy correlation" between construction of the world's tallest buildings

and impending financial crises over 140 years.

China is home to half of the world's skyscrapers — buildings more than 240 metres tall — currently under construction. India, which has two skyscrapers, is seeing its first skyscraper

building boom, with 14 under construction.

Historically, skyscraper construction has been characterized by bursts of sporadic, intense activity that coincide with easy credit, rising land prices and excessive optimism, but often by the time they are finished, the economy has slipped into recession, explained Andrew Lawrence of Barclays Capital in Hong Kong.

For example, the Great Depression hit as record-breaking 40 Wall Street, the Chrysler Building and the Empire State Building were finished in New York.

Today, China's residential property sales have decreased 40 to 50 per cent in Beijing and Shanghai, Lawrence said. While, non-performing loans in India, grew by nearly a third in the first half of this fiscal year, according to the Reserve Bank of India.

"If history proves to be right, this building boom in India and China could simply be a reflection of a misallocation of capital, which may result in an economic correction for two of Asia's largest economies in the next five years," Barclays said. THE ASSOCIATED PRESS

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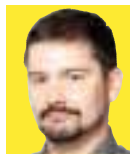
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# THINKING OF PENNING A NOVEL? READ THIS FIRST

## HE SAYS ...

JOHN MAZEROLLE  
METRO



Over the years, I've grown accustomed to adoring fans complimenting my writing. "I saw your picture in the paper," they'll say. Or: "You look familiar, do you work at my Starbucks?"

With compliments like that, it's amazing my headshot doesn't swell right out of the frame.

But years of headshot viewers acknowledging my existence have left me wanting more, and now I dream of getting a book published, so I can hear compliments like, "I saw your picture on a dust cover."

**"The best approach is to write characters based on people you hate — for example, you might have a villain called Jerky MacBadhusband."**

I've also read a lot about how to write a book. So that I might create more competition and therefore torture myself further, here's what I've learned.

### WRITING A BOOK

**Choose an idea:** Most coffee-shop patrons, first-year university students and other leading philosophers agree there are no new ideas. So it's OK to steal one. Ripping off one author is called an "homage." Ripping off multiple authors and mashing them together is called "finding your own voice."

**Choose characters:** The best approach is to write characters based on people you hate — for example, you might have a villain called Jerky MacBadhusband. To protect yourself from legal issues, make sure the character wears a hat they don't wear in real life. Then say, "The character is actually a pastiche of many people I've met in my travels."

**Choose a plot:** Start with a first line that grabs readers, such as, "This book is covered in anthrax spores, sucker!" If stuck for an ending, walk away for a bit. Then quit and call it "first in a series." You'll get great buzz.

**Choose an agent:** This person will give you added legitimacy as a writer by making you poorer.

**Choose a cover:** This is the step by which everyone will judge your book. I recommend you seek out glowing quotations from friends who share names with famous people. If your dentist is Milan Kundera or the kid who mows your lawn is V.S. Naipaul, you're good to go.

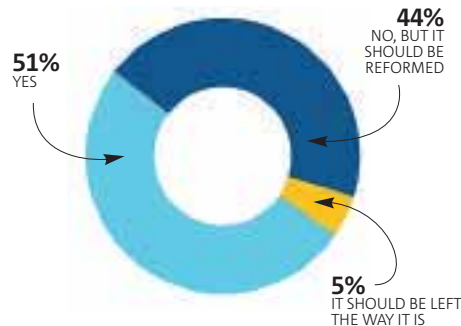
With these tips, you'll have a completed tome in no time. If it goes well, let me know. I may pay homage to it.

Read more of John Mazerolle's columns at [metronews.ca/hesays](http://metronews.ca/hesays)



Register at  
[metropolitanpanel.ca](http://metropolitanpanel.ca)  
and take the quick poll

Should the federal government  
abolish the Senate?



## Daily Zoom



## Duke and Duchess of Cambridge say thank you

The Duke and Duchess of Cambridge laugh as they receive Team Canada hockey jerseys in Yellowknife on July 5.

Clarence House, the official website for the Prince of Wales, his sons and Kate, has released the list of all the gifts the royal couple collected in their cross-Canada tour with one- or two-word descriptions. Among them

are a diamond-encrusted brooch and cufflinks.

This has incensed the British tabloids, who smell a cover-up in the website's describing the widely reported custom-made platinum baubles encrusted with nearly 700 tiny diamonds from Canadian mines as, simply, a "brooch" and "cufflinks."

TORSTAR NEWS SERVICE

## Local tweets



@mattbastard:  
If nothing else, #ldnont's

godawful ice cream headache-inducing 'theme song' is certain to be a hot meme before the day's out. #golflaps

@speezyD: Don't spend a bunch of money on a song that you and your buddies made up with horrible and blatantly obvious lyrics. #ldnont #themesong

@glassaur: Loving this weather in #LDNont

@jhunt86: The sign on the washroom door in my office building is misspelled. It

reads: LADIES, should read: CREATURES. #ldnont #shocking

@mattmacallum: Playing RE5 last night, my friend asks: were those gunshots? Me: it was the game dude. Turns out there was a shooting a block away #ldnont

@TyePettman: About to be an all out biker war in London..#ldnont #gangwars

@jodisimpson: I really love the small biz shout-outs the Mayor is giving. From art galleries, to restaurants launched by immigrants to salon's in #ldnont

@etang20: Cleaned up my computer files finally .. Most productive thing I've done all week #uwo #slacker

NATHAN DENETTE/THE CANADIAN PRESS

CONTRIBUTED



## Rock solid

Celebrity jeweller Harry Winston crafted this 692-diamond set of polar bear cufflinks and brooch from diamonds from the Diavik Diamond Mine in the Northwest Territories, owned 40 per cent by the Harry Winston Diamond

Corp. They were given to the royal couple during their Canadian visit.

Harry Winston donated the diamonds and the workmanship, said a spokeswoman for the Northwest Territories government.

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# 2

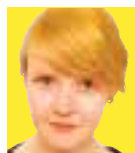
## scene

# A digital, dance revolution

► Champion Beats bringing electronic music series to APK Live ► Hatiras performs Saturday

## BACKSTAGE PASS

AMANDA GRANT  
METRO LONDON



"Dance music has a great history in London," says Anthony Hudson,

creator of an electronic music record label based in the city. "John Acquaviva used to live here in the '90s."

Aquaviva was a pioneer of analog and digital dance music, and it was during his period in the city that Hudson launched his label Champion Beats, working out of London to sign electronic artists and DJs around the globe.

"I already had my hands in it back then and when everything switched over from vinyl to digital," Hudson says.

"I used to commute and do all my meetings in



► Hatiras will perform Saturday night at APK Live.

## Other events

**An evening with George Stroumboulopoulos**

► **The show** The Canadian cultural journalist will be speaking at Fanshawe College Friday night, answering audience questions and getting candid about his work as an arts reporter. Tickets \$12 for students and \$16 for guests, available through the school's student union.

Toronto but with a digital label it doesn't really matter what city you're from."

Champion Beats has 81 artists based in Canada, Europe, Australia and United States and has released more than 307 tracks to date.

Many of its artists, including Hudson, have tracks on Beatport's top 100, making a name for London as a dance and electronic music hub.

"The whole industry is constantly evolving and changing, especially because everything is online

now," Hudson says. "We get demos sent to us every day of new artists and you sign them per single or EP."

"Sometimes I'll work with the artists too — there is still a lot development going on, playing with their sound and making it pop."

This year Champion Beats has decided to team up with the London promotion companies Outerbass and NEC to host a regular electronic music series at APK Live.

"We started putting on shows but we wanted to

find a venue where we could bump it up a notch. We found APK Live and it's been really great so far," Hudson says.

"We're trying to do a little bit edgier stuff that's a bit bigger. No intimidation and no pretention. We just want to have a rock show feel for an electronic dance crowd."

Champion Beats is starting off its 2012 series with a show Saturday night at APK Live featuring Toronto DJ, Hatiras.

Known for his single Spaced Invader released in

2001, Hatiras has been making music headlines at home and abroad since, working with some of the top talent in the field.

"He's more of a fun, house-y electro DJ," Hudson says.

"He's got a classy sound and he's just been around doing his thing for a while. We thought he would be a great way to kick off 2012."

Tickets are \$10 in advance available through ticketscene.com and \$12 at the door. The show starts at 10 p.m.

## Shatner



William Shatner will star in a one-man show called Shatner's World: We Just Live in It. Previews begin Feb. 14 and it runs at the Music Box Theatre until March 4.

THE ASSOCIATED PRESS



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BROADWAY in London



# Is Khloe really a Kardashian?

Report claims that Kardashian patriarch had doubts she was his daughter

## THE WORD

DOROTHY ROBINSON  
SCENE@METRONews.ca



When one gazes at the Kardashian sisters (as we often do, since they are more omnipresent than Starbucks), do you ever think, "Hmmm ... Which of these things is not like the other?"

If you, too, think Khloe Kardashian doesn't resemble her famous sisters, you aren't the only one — Kris

Jenner has had to squelch rumours of her paternity for years. But now Robert Kardashian's ex-wife and widow have come forward in a Star magazine exclusive in which they both claim that the late Kardashian expressed his doubts that he was indeed the father of Khloe.

"Khloe is not his kid — he told me that after we got married," Jan Ashley, 63, the woman who married Robert after Kris Jenner, revealed to Star.

"He just kind of looked at me and said (it) like it was a matter of fact. He said, 'Well, you know that



► Khloe Kardashian

Khloe's not really a Kardashian, don't you?" And I said ... 'OK,' and that was it."

But that's not all. Ellen

Kardashian, 63, who married Robert in 2003 just two months before his death, says she has her doubts as well.

"Khloe brought it up all the time," Ellen told Star. "She looked nothing like the rest. She was tall, had a different shape, light hair, curly hair. Didn't look anything like the other three children."

Whatever you do, Khloe, never, ever take a DNA test. For now, you get the best of both worlds: A cut of the Kardashian empire without having to be biologically related to them.

## Bad week gets worse for Lindsay Lohan

Lindsay Lohan isn't having a great week.

First off, the IRS has reportedly obtained a lien against Lohan for \$93,701.57 for failure to pay her federal income tax for 2009, according to TMZ.

And now the troubled actress is being sued by a paparazzo who claims he was injured while being struck by Lohan's car while she

was leaving a club in 2010, according to Hollyscoop.

Lohan wasn't driving the car, but Balyan's lawyer, Neil Steiner, claims she's still at fault because the driver was operating under her instruction.

Steiner says they tried to settle with Lohan's insurance company, which made "an insignificant offer."

● METRO

## Celebrity tweets



today spent w/ brilliant cosmetic dentist Dr Kevin Sands! the grill now perfect for Fiat, DirectTV & Anger Management!



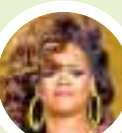
@charliesheen

@JessicaSimpson

New goal: look like @jessicaalba after baby. Job well done lady!

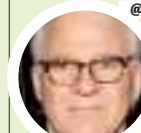


@rihanna



Waited all yr+Finally I have time off, time 4 rest n quiet. Suddenly all the silence is being drowned by my thoughts! No sleep

@SteveMartinToGo



The more I think about it, "Lo and behold" would be great in rap vernacular. Going to make some calls.

## Halle Berry is off the market

Halle Berry and Olivier Martinez are reportedly engaged, according to Us Weekly.

Berry, who has been married twice before, "had given up on being married, but she trusts Olivier," a source says. "He makes her feel safe. He's a keeper."

Martinez reportedly popped the question over the holidays with an emerald-and-diamond en-

agement ring. The pair met in 2010 as co-stars on the film Dark Tide and started dating soon after. Berry was previously married to baseball player David Justice and singer Eric Benet, and she has a three-year-old daughter, Nahla, with ex-boyfriend Gabriel Aubry.

● METRO



Halle Berry



► Lindsay Lohan

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# 3 life

## Beauty picks

### Winter skin savers

If you haven't done so yet, now would be the time to ramp up your winter moisturizers.

● KENYA HUNT



### HANDS

Malin + Goetz Vitamin B5 Hand Treatment, \$20, malinandgoetz.com

The Body Shop Almond Hand and Nail Cream, \$10, thebodyshop.com



### BODY

Biotherm Baume Corps Oil Therapy, \$38, biotherm.com



Clothing maker Liz Claiborne changing name to Fifth & Pacific after sale of brand

# A fierce start to the new year

► Wildlife-inspired prints have become a second skin to trend trackers who can't get enough of their zebra minis and leopard coats ► We've picked out our favourite ferocious accessories to complement the most somber of outfits

KARL EDWIN GUERRE



► Fashion blogger Leandra Medine wearing just the right amount of leopard in New York.



1

### 1 HOUSE OF HARLOW

1960 cross body clutch \$225, hoh1960.com

### 2 WINTER KATE

calf-hair shoes, \$188, my-wardrobe.com

### 3 CHRISTIAN LOUBOUTIN

'Alex' lion-paw pumps \$4,000, christianlouboutin.fr

### 4 MULBERRY

fox gloves \$180, mulberry.com

### 5 UNDERGROUND

suede double creepers, \$170, asos.com

### 6 EMMA FRANKLIN

gold 'Triceratops' ring, \$695, emmafranklin.net

### 7 YUNUS AND ELIZA

'claw drop' necklace, \$770, yunus-eliza.co.uk



2

Mega splurge

3



5



6

● ROMINA MCGUINNIS

7

## Weather a dry spell

### THE KIT

Kit expert Charles Baker Strahan has the goods on ditching dry hair — all winter long.

By Chantel Simmons

**Q: How do I hydrate my hair in the winter without weighing it down?**

**A:** The first step to great elasticity and shine is hydration, and that starts right from the shampooing step. Look for shampoos and conditioners that con-

tain both surfactants and polymers — when the water brings them together, they're twice as hydrating as used alone. These ingredients condition the hair before you even step out of the shower. When it comes to styling products, apply

them when your hair is wet and squeeze the moisture through to evenly distribute the product. I like to mix Herbal Essences Tousle Me Softly Mousse and Long Term Relationship Leave-In Split End



Protector. Together, they help you control your hair while styling, and cut down drying time.

TRY Herbal Essences Touchably Smooth Shampoo, \$4, Tousle Me Softly Mousse, \$4, and Long Term Relationship Leave-In Split-End Protector, \$4, herbalessences.com

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METRONEWS.CA

Most savvy home

dweller's like to take on DIY projects. But spending an entire weekend working on a project that doesn't turn out can be frustrating — and a waste of time and money.

This year, invest in your furnishings by spending money on a professional to do the job right for you.

**REUPHOLSTERING:**

Got a classic-shaped upholstered piece that needs to take on a fresh look?

Trying to slipcover or reupholster it yourself is a daunting task — even for those who have sewing skills. So why not take it to an upholsterer?

Choose neutral-coloured linen or flannel fabrics to help give your furnishings a classic look and longevity.

If buying retro furnishings, do some research as to how the fabric (or leather) will wear.

Go for lovely colours that are updated to today's neutrals.

Cost to have a chair reupholstered; \$350-1000, depending on your fabric choice.

**Re-framing**

Nothing helps bring tired artwork up-to-date more than reframing.

- ▶ Replacing a cheap plastic gold frame with a flat, dark wood frame will modernize any piece of art and bring it into the next decade.

- ▶ Tip: You rarely take away the value of your art by reframing it. Also, by adding a more modern esthetic to your art, you gain a new appreciation for it.

- ▶ Cost of having a 24 x 24-inch painting framed: \$75-400, depending on the style of the frame.

**REFINISHING:**

Changing the stain colour of wooden furniture can help update it and give it a new look.

Stain colours have a fashionable life (reddish mahogany was big in the '80s; yellow pine in the '70s).

Choose dark walnut stain colours to add sophistication to a golden oak or pecan-stained wood pieces.

RALPH LAUREN HOME



▶ Create a timeless look in your home with updated furnishings and art.

# Upcycling goes upscale

▶ Leave your furnishing updates to the pros this year

Take it to a furniture refinisher (or look for budget options like refinishing

schools) to get the look right.

Ask for a 'buffed wax'

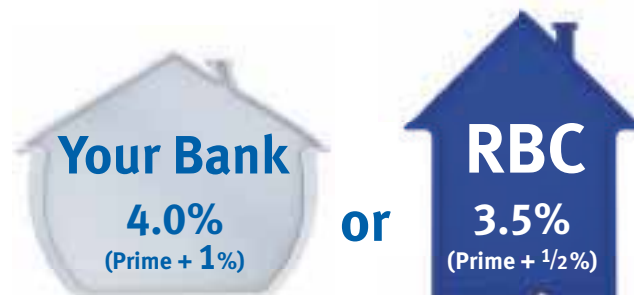
finish rather than the super-shiny shellac to make it look much classier.

Cost of having a dresser refinished: \$200-750, depending on the type of finish you'd like.



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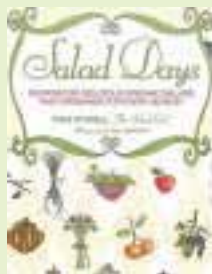
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Weekly  
Cookbook

Salad Days: Recipes for Delicious Organic Salads and Dressings for Every Season by Pam Powell offers 60 colour photos, quaint illustrations, a salad basics chapter, and a resource guide to complement a fantastic collection of salad and dressing recipes.

With a focus on organic greens, cheeses, nuts, and fruits from local sources, these creative salads not only burst with flavour, they are good for you.

Recipes include: Apple and Roasted Beet Salad with Fruit, Nuts, Gorgonzola, and Watercress; Pecan-Crusted Goat Cheese and Micro Greens with Crisp Apple Maple-Brushed Crostini; Kale, Sausage, and Warm Potato Salad with Maple and Hickory-Smoked Bacon Dressing; and more

# A look ahead to salad days

- While hearty stews simmer on the stove, we're anticipating the refreshing salads of spring
- Get yourself in the mood with Toasted Quinoa & Asparagus Salad and Parmesan Salad Cups

As an excellent source of vitamin C with naturally occurring sugars that energize the body, it only makes sense that incorporating citrus fruit into your breakfast is a simple way to ensure you start the day off right.

However, just because you begin the day with a healthy breakfast doesn't mean the good habits have to stop there. Including fruit, like Florida grapefruit, into the rest of your meals will help keep you feeling fueled until sunset.

While often seen as a morning food, grapefruits are finding new life away from the breakfast table. With some creativity, this healthy fruit can easily add zest to lunches and dinners. Try adding sliced Florida grapefruit to a salad or stir-fry.

Another way to include fruit into your afternoon and evening recipes is to use Florida orange juice. Although most commonly found in a glass next to a bowl of cereal, orange juice can find new life in a tangy salad dressing or in marinades for chicken, fish and tofu.

Florida orange juice can also be used in tandem



► The recipe serves six.

with other nutrition-rich foods to create the ultimate healthy meal.

Quinoa, a gluten-free grain that is high in magnesium, is landing on healthiest food lists everywhere. This recipe for a quinoa and asparagus salad can be topped with

meat or additional veggies for even more nutritional benefits.

## Toasted Quinoa and Asparagus Salad Preparation:

- In large deep nonstick skillet heat oil over

medium heat and cook onions and garlic for 3 minutes or until softened and fragrant. Add quinoa and toast, stirring for about 3 minutes or until fragrant and beginning to pop. Add orange juice and bring to boil. Cover and

## Ingredients:

- 2 tbsp (25 mL) extra virgin olive oil
- 4 green onions, chopped
- 3 cloves garlic, minced
- 1 cup (250 mL) quinoa, rinsed
- 2 cups (500 mL) Florida orange juice
- 1 cup (250 mL) chopped fresh asparagus
- 1 small orange bell pepper, chopped
- 1/4 cup (50 mL) chopped fresh basil
- Salt and freshly ground black pepper

reduce heat to low; simmer for 15 minutes.

- Stir in asparagus and pepper; cover and cook for about 10 minutes or until liquid is absorbed. Remove from heat and let stand for 5 minutes. Using fork, fluff quinoa and place in large bowl. Let cool slightly and stir in basil. Season to taste with salt and pepper.

**NEWS CANADA/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA).**

## Parmesan Salad Cups

These delicate Parmesan cups are a perfect way to serve mini portions of caesar salad, or any other salad that you enjoy, and they're easy to make.

## Preparation:

- Line a baking sheet with parchment paper. Make 6 mounds (each 75 mL/1/3 cup) of the Parmesan cheese 10 cm (4 inches) apart on the baking sheet. Gently spread cheese into very thin circles.
- Bake in 180 C (350 F) oven for about 5 minutes or until cheese is melted and turns into

a crispy light golden crust. Do not overcook as they will become bitter.

- Remove from oven and let cool for 1 minute. Carefully remove crisps with a thin metal spatula and place on paper towels to absorb grease. While still warm, place rounds into 15-cm (6-inch) ramekins or over an inverted water glass to form cups. Remove when completely cool. Fill with salad.

**ET TU CAESAR SALAD, CAESARFORDINNER.COM/ THE CANADIAN PRESS/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL**

## Ingredients:

- 500 mL (2 cups) freshly

grated Parmigiano-Reggiano cheese

## Parmesan Salad Cups



► The recipe makes six cups.

THE CANADIAN PRESS H/O

## Baking Tip

- Thickness If you make the cheese piles too thick, they will not become crispy.

**HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, PLEASE VISIT EMILY'S SITE, EMILYRICHARDSCOOKS.CA)**

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## Comatose skier Burke undergoes surgery

Canadian freestyle skier Sarah Burke remained in an induced coma after suffering a head injury in a crash while training on a superpipe, officials said Wednesday.

The nature of Burke's injuries have not been disclosed.

In a statement released by the Canadian Freestyle Ski Association, a doctor at the University of Utah hospital said Burke "sustained serious injuries and remains intubated and sedated in critical condition."

Chris Nelson, assistant vice-president for public affairs at the hospital, said Burke was having surgery Wednesday afternoon.

Dr. Robert Foxford, the Canadian Freestyle Ski Association team doctor, said he has received little information from the medical officials treating Burke.

"That would be standard with people with a significant head injury, that the brain is put to rest, there is an induced coma, and they give them medication to make sure there's almost no brain activity," he said in a conference call.

Burke's husband, Rory Bushfield, and members of her family were with her.

Burke is a halfpipe pioneer who also lobbied tirelessly to get her sport included in the Winter Olympics. Halfpipe skiing will debut at the 2014 Games in Sochi, Russia.

She was airlifted from Park City, Utah, to Salt Lake City after crashing at the end of a training run Tuesday in advance of the Winter X Games in Aspen, Colo.

The native of Barrie, who grew up in nearby Midland before moving to Squamish, B.C., was training with a private group at the time of the accident.

THE CANADIAN PRESS



Ed Davis struggles to control the ball as Kings forward Jason Thompson leans over him.

# Kings' Evans wreaks havoc on Raptors

- Toronto finishes 1-2 in first back-to-back-to-back of condensed season
- Early-season standout Bargnani leaves with calf injury in third quarter

Tyreke Evans scored a season-high 29 points and had seven rebounds as the Sacramento Kings defeated the Toronto Raptors 98-91 on Wednesday night.

DeMarcus Cousins added 21 points on 9-for-11 shooting and grabbed 19 rebounds for the Kings, who snapped a seven-game losing streak.

Isaiah Thomas had 20 points with six assists and Jimmer Fredette chipped in with 10 points for Sacramento, which had not won in Toronto since Feb. 22, 2004.

It was the second loss in a row and fourth in five games for the Raptors who lost Andrea Bargnani to a strained left calf late in the third quarter.

Leandro Barbosa came off the bench to score a season-high 24 points for the Raptors while Jose

98	91
KINGS	RAPTORS

Calderon had 13 points to go with 10 assists.

DeMar DeRozan also scored 13 points on 5-for-9 shooting while Bargnani had 10 points as did Linas Kleiza. Amir Johnson had nine points and six rebounds before fouling out with 37.4 seconds to play.

Bargnani left the game with 3:13 to play in the third quarter because of the calf injury and did not return. He also had 10 rebounds in just over 28 minutes of playing time.

## 28

Toronto was in foul trouble most of the night, with 28 personal fouls compared to Sacramento's 15.

The game was tied at 63 going into the fourth quarter but Sacramento pulled ahead with seven minutes to play when Thomas hit a three-pointer to give the Kings a 80-73 lead.

Cousins hit a pair of free throws with 1:28 to play and made a dunk 16 seconds later to put Sacramento ahead 86-77.

The lead reached 10 points but the Raptors came back and narrowed it to five on Barbosa's jumper with 24 seconds left.

Down 55-51 in the third, Johnson hit his third career three-pointer and came back with a bank shot to put Toronto into a one-point lead with 3:14 to play in the quarter.

The Raptors were playing their third game in as many nights while Sacramento was playing for the second consecutive night. Both teams lost on Tuesday, Toronto at Washington and Sacramento at Philadelphia.

"We've got to deal with it," Raptors head coach Dwane Casey said before the game. "We have to be mature about it, the schedule is what it is."

The Raptors scored the first eight points of the second quarter to take a 27-23 lead, but the Kings came back to take a 41-40 lead into half-time.

THE CANADIAN PRESS

# 4

sports

### Quoted



"You can't blame a season on one guy. I mean, come on. It's all unfair."

JETS DEFENSIVE LINEMAN MARCUS DIXON, DEFENDING HIS QUARTERBACK MARK SANCHEZ. THE DAILY NEWS QUOTED ONE PLAYER, WHO WAS NOT IDENTIFIED, AS SAYING SANCHEZ WAS "LAZY AND CONTENT." ANOTHER PLAYER SUGGESTED THE JETS SHOULD DO ALL THEY CAN TO TRY TO BRING IN COLTS QUARTERBACK PEYTON MANNING, IF HE'S HEALTHY, BECAUSE SANCHEZ ISN'T IMPROVING.



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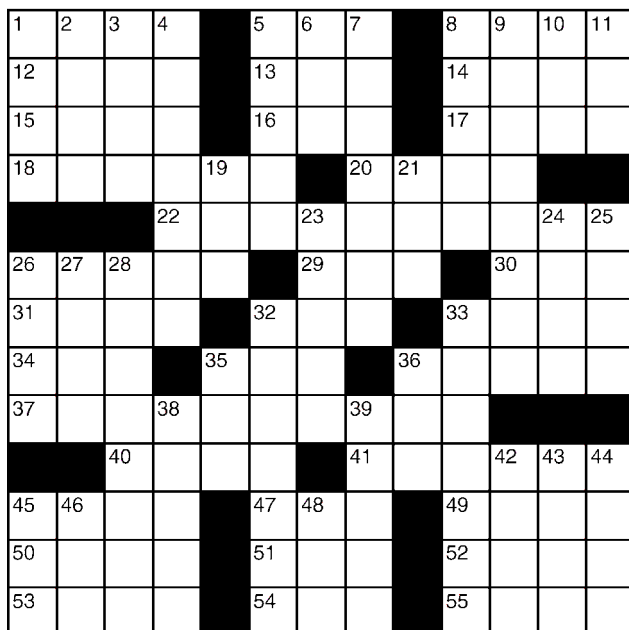
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## Crossword

### Across

- 1 Volcanic spillage  
5 Solo of "Star Wars"  
8 Bang the door loudly  
12 Troop group  
13 Inseparable  
14 Caffeine-rich nut  
15 Swag  
16 Twitch  
17 Terrible guy?  
18 Loosen a sneaker  
20 Dandling locale  
22 One way to quit  
26 Ungainly  
29 Cage piece  
30 Born  
31 Raw minerals  
32 "See ya"  
33 TV chef Cat  
34 Have a bug  
35 "Ualume" writer  
36 Croc's cousin  
37 Speak frankly  
40 Transaction  
41 Nerve tissue cell  
45 Pic you can click  
47 Conk out  
49 Unaccompanied  
50 Beach matter  
51 Geological period  
52 Right angles  
53 Sandwich cookie  
54 Roulette bet  
55 Do in



- 6 Singer DiFranco  
7 Cravat  
8 Lindsey Vonn, for one  
9 Entwined symbol of affection  
10 — carte  
11 Fellow  
19 Demure  
21 Gist  
23 Laundromat machine  
24 Architect Saarinen  
25 Calendar quota  
26 Capricorn  
27 Met melody

- 28 "Bravo!"  
32 Colorado city  
33 Range horses  
35 Sch. org.  
36 "Gosh!"  
38 Japanese fencing  
39 Work dough  
42 Roster  
43 — podrida  
44 Inquisitive  
45 Equal (Pref.)  
46 Automobile  
48 Rage

### ► Yesterday's answer



### Down

- 1 Humdinger  
2 Any time now  
3 String instrument  
4 Assaults  
5 "Monopoly" building

## Today's horoscope

### ♈ Aries March 21-April 20

People come to you with their problems all the time. But at some stage today, you'll have to make it clear that enough is enough.

### ♉ Taurus April 21-May 21

Ignore work problems until the Sun crosses the career angle of your chart on the Jan. 20.

### ♊ Gemini May 22-June 21

The Sun in Capricorn at this time of year tends to make life look gray. You have plenty to look forward to.

### ♋ Cancer June 22-July 22

Go out and enjoy yourself today but watch how much you spend and who you spend it on.

### ♌ Leo July 23-Aug. 23

You may be spontaneous by nature but time spent planning today will not be time wasted.

### ♍ Virgo Aug. 24-Sept. 22

Look for compromise solutions today. That might not be easy when everyone else seems to be looking for reasons to argue.

### ♎ Libra Sept. 23-Oct. 23

No matter how secure you may feel in your current situation, you can sense that changes are coming.

### ♏ Scorpio Oct. 24-Nov. 22

Don't let anyone get away with saying things about you that are not true today. Stand up for yourself.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

### ♐ Sagittarius Nov. 23-Dec. 21

Make a point of telling a friend how much he or she means to you.

### ♑ Capricorn Dec. 22-Jan. 20

Anyone who thinks you'll give up easily will learn the hard way today that Capricorns aren't quitters.

### ♒ Aquarius Jan. 21-Feb. 18

Just over a week from now, the Sun will move into your birth sign and a new solar year will begin. Conserve your energy, you'll need it.

### ♓ Pisces Feb. 19-March 20

Someone you meet may be fun to be with but don't be foolish and trust him or her with personal information. **SALLY BROMPTON**

## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's answer ►

1	2	8	9	4	6	7	5	3
9	4	5	7	3	8	1	6	2
6	3	7	1	2	5	9	4	8
7	9	2	8	1	4	6	3	5
3	5	4	6	7	2	8	9	1
8	6	1	5	9	3	4	2	7
2	8	9	4	5	1	3	7	6
4	1	3	2	6	7	5	8	9
5	7	6	3	8	9	2	1	4



## Caption contest



## You write it!

**WIN!** Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in Thursday's Metro.

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<b>Concentrated Oven Cleaner 4L</b>  <b>75% Off</b> Was: \$19.99 Now: <b>\$5</b>	<b>10" Bamboo Skewers</b>  <b>80% Off</b> Was: \$9.99 Now: <b>\$2</b>	<b>300 Ft. Foil</b>  <b>70% Off</b> Was: \$9.99 Now: <b>\$3</b>	<b>Fantastik</b>  <b>50% Off</b> Was: \$5.99 Now: <b>\$3</b>	<b>Olive Oil 3L</b>  <b>50% Off</b> Was: \$19.99 Now: <b>\$10</b>
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